

Center for Innovative Medicine
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RADIATION PROTECTION
(For Mammograms and CT scans)

Take at least 3 of the following remedies below: 2 hours prior to the scan, then 30 minutes before the scan, and then 30 minutes after the scan:

Vitamin D: 1,000 IU each dose

Vitamin E (mixed tocopherols only): 400 IU each dose

Glutathione (Setria brand): 250 mg each dose

N-acetylcysteine: 250 mg each dose

Alpha- lipoic acid: 100 mg each dose

Spirulina or blue-green algae: 2,000 mg each dose

Selenium citrate or picolinate: 100 mcg each dose